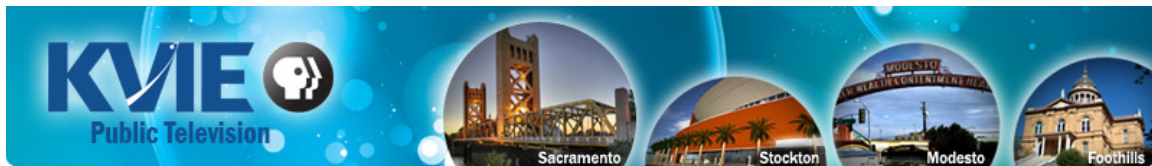




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10 Day Belly Slimdown with Dr. Kellyann 9/6 10AM
3 Steps to Pain-Free Living 9/6 3:30AM, 9/23 1:30AM
5 Day Rapid Reset with Dr. Kellyann 9/23 Mid
5 Steps to a Loving & Purposeful Life 9/25 1:30AM
ADD and Loving It?! 9/5 10:30AM, 9/24 Mid
Africa's Great Civilizations *The Atlantic Age/Commerce and the Clash of Civilizations* #103 9/1 4PM *Cities* #104 9/1 5PM *The Atlantic Age/Commerce and the Clash of Civilizations* #105 9/2 4PM *Commerce and the Clash of Civilizations* #106 9/2 5PM
Aging Backwards 3 with Miranda Esmonde-White 9/25 3AM
Amanpour and Company #3043 9/1 4AM #3044 9/2 4AM #3045 9/3 4AM #3046 9/4 4AM #3048 9/8 4AM #3049 9/9 4AM #3050 9/10 4AM #3051 9/11 4AM #3052 9/12 4AM #3053 9/13 6:30AM, 9/15 4AM #3054 9/16 4AM #3055 9/17 4AM #3056 9/18 4AM #3057 9/19 4AM #3058 9/20 6:30AM, 9/22 4AM #3059 9/23 4AM #3060 9/24 4AM #3061 9/25 4AM #3062 9/26 4AM #3063 9/27 6:30AM, 9/29 4AM #3064 9/30 4AM
Amelia Earhart: American Experience *Amelia Earhart* #601 9/3 5PM
American Woodshop *The Harvest Table* #2501 9/7 8:30AM *Apothecary 9 Drawer Wall Keep* #2502 9/8 8:30AM *Gentleman's Organizer and Gallery* #2503 9/9 8:30AM *Turned Urns and Pepper Mills* #2504 9/10 8:30AM *Scrolled Kitchen Trenchers and Trivets* #2505 9/11 8:30AM *Decorative Turnings* #2506 9/14 8:30AM *Stanton Tools* #2507 9/15 8:30AM *Arts and Crafts Luminaries* #2508 9/16 8:30AM *Making Custom Knives* #2509 9/17 8:30AM *Wooden Bicycles* #2510 9/18 8:30AM *Custom Wood Keeps* #2511 9/21 8:30AM *Curvy Wall Shelf* #2512 9/22 8:30AM *Arts and Crafts End Table* #2513 9/23 8:30AM *Beginning Turnings* #2601 9/24 8:30AM *Live Edge Tall Case Wall Cabinet* #2602 9/25 8:30AM *Carved and Scroll Sawn Crests* #2603 9/28 8:30AM *The River Stone/ Mirrorcast Walnut and Mahogany Nightstand* #2604 9/29 8:30AM *Wooden Puzzles* #2605 9/30 8:30AM
America's Heartland #1405 9/13 12:30PM #1406 9/20 12:30PM #1407 9/27 12:30PM
America's Test Kitchen 20th Anniversary Special 9/5 Noon, 9/25 Mid
America's Test Kitchen from Cook's Illustrated *Summertime Staples* #2025 9/2 7PM, 9/3 1AM *Eggs for the Holidays* #2001 9/7 5PM, 9/16 7PM, 9/17 1AM *A Trip to Rome* #2002 9/8 5PM, 9/23 7PM *Pork and Potatoes* #2003 9/9 5PM, 9/30 7PM *Pork and Greens* #2026 9/9 7PM, 9/10 1AM *Spiced and Sweet* #2004 9/10 5PM *Two Classic Pastas* #2005 9/11 5PM *Chicken and Biscuits* #2006 9/14 5PM *The Very Best Paris-Brest* #2007 9/15 5PM *Hearty Mediterranean at Home* #2008 9/16 5PM *Flavorful Chinese Favorite* #2009 9/17 5PM *Nutritious and Delicious* #2010 9/18 5PM *Springtime Feast* #2011 9/21 5PM *Savory and Sweet Italian* #2012 9/22 5PM *Sous Vide for Company* #2013 9/23 5PM *Childhood Favorites, Grown Up* #2014 9/24 5PM *Tasty Thai* #2015 9/25 5PM *The Most Important Meal* #2016 9/28 5PM *Something Hearty, Something Light* #2017 9/29 5PM *Thanksgiving for a Crowd* #2018 9/30 5PM
Animal Babies: First Year On Earth *New Frontiers* #103 9/1 11AM
Antiques Roadshow *Cleveland, Hour Two* #2017 9/12 5AM, 9/13 7PM, 9/14 3AM *Fort Worth, Hour One* #2101 9/19 5AM, 9/20 7PM, 9/21 3AM *Fort Worth, Hour Two* #2102 9/26 5AM *Fort Worth, Hour Three* #2103 9/27 7PM
Arthur *Buster's Secret Admirer/The Last King of Lambland* #1503 9/1 8:30AM *Ants In Arthur's Pants/Don't Ask Muffy* #703 9/2 8:30AM *To Eat Or Not to Eat/S.W.E.A.T.* #1505 9/3 8:30AM *Prunella Sees The Light/Return of the Snowball* #709 9/4 8:30AM
Ask This Old House *Stoop Planters, Fireplace Insert* #1811 9/13 2PM *Ceiling Light, Tool Storage* #1812 9/20 2PM *Shower Cartridge, Turning A Bowl* #1826 9/27 2PM
Austin City Limits *Willie Nelson* #4412 9/20 11PM
Baking with Julia #307 9/2 6:30PM, 9/3 12:30AM #308 9/9 6:30PM, 9/10 12:30AM #309 9/16 6:30PM, 9/17 12:30AM #310 9/23 6:30PM *Craig Kominiak* #101 9/29 11AM *Alice Medrich* #102 9/30 11AM #311 9/30 6:30PM
Bare Feet with Mickela Mallozzi *Dancing In My Italy (Minturno, Italy)* #101 9/7 1PM *It Takes Two to Tango (Buenos Aires, Argentina)* #102 9/8 1PM, 9/12 1PM *Jeju Fire Festival (Seoul & Jeju, South Korea)* #103 9/9 1PM *Croatia's Dalmatian Coast (Dubrovnik, Croatia)* #104 9/10 1PM *The Lumbee Dance of the Spring Moon (Robeson County, North Carolina - USA)* #105 9/11 1PM *Hogmanay In Scotland (Edinburgh, Scotland)* #106 9/14 1PM *Montreal Then & Now (Montreal, Canada)* #107 9/15 1PM, 9/19 1PM *Waltzing In Vienna (Vienna, Austria)* #108 9/16 1PM *Malaysia, Part 1 (Western Malaysia)* #109 9/17 1PM *Malaysia, Part 2 (Eastern Malaysia)* #110 9/18 1PM



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Music City (Nashville, Tennessee - USA) #111 9/21 1PM *Dancer of the Year (The Cook Islands)* #112 9/22 1PM, 9/26 1PM *Where Asia Meets Europe (Turkey)* #113 9/23 1PM *Puglia, Italy* #301 9/24 1PM *The Republic of Georgia* #302 9/25 1PM *Girona, Catalonia* #303 9/28 1PM *Cyprus* #304 9/29 1PM *Romania* #305 9/30 1PM

BBC World News #2134 9/1 11PM #2136 9/2 11PM #2138 9/3 11PM #2140 9/4 11PM #2142 9/7 11PM #2144 9/8 11PM #2146 9/9 11PM #2148 9/10 11PM #2150 9/11 11PM #2152 9/14 11PM #2154 9/15 11PM #2156 9/16 11PM #2158 9/17 11PM #2160 9/18 11PM #2162 9/21 11PM #2164 9/22 11PM #2166 9/23 11PM #2168 9/24 11PM #2170 9/25 11PM #2172 9/28 11PM #2174 9/29 11PM #2176 9/30 11PM

Beyond The Canvas All About The Music #101 9/12 4PM #102 9/19 4PM #103 9/26 4PM

Black America Since MLK: And Still I Rise Out of the Shadows/Move On Up #101 9/19 8PM, 9/20 2AM *Keep Your Head Up/Touch The Sky* #102 9/26 8PM

Borneo: Islands of Wonder #102 9/26 6AM, 9/28 7PM

Born to Explore with Richard Wiese *Canada: Spirit Bear* #207 9/1 6PM, 9/2 Mid *North Dakota: Where Legends Are Born* #208 9/8 6PM, 9/9 Mid *North Carolina: Bears, Gators and Wolves* #209 9/15 6PM, 9/16 Mid *Nashville: Beyond The Music* #210 9/22 6PM *Qatar: A Desert Welcome* #211 9/29 6PM

Brain Secrets with Dr. Michael Merzenich 9/5 3:30AM, 9/27 2AM

California's Gold *Sinatra's House* #108 9/4 7PM, 9/7 1AM *Half Dome* #117 9/11 7PM, 9/12 1AM *Chavez Center* #15002 9/18 7PM, 9/19 1AM *S.S. Catalina Update* #15003 9/18 7:30PM, 9/19 1:30AM *Cabrillo's Ship* #15005 9/25 7PM *Jacaranda* #15006 9/25 7:30PM

California's Golden Parks *Carrizo Plain* #132 9/13 5PM, 9/14 1AM *Bidwell Park* #133 9/13 5:30PM, 9/14 1:30AM *Carpinteria State Beach* #141 9/20 5PM, 9/21 1AM *Audubon* #142 9/20 5:30PM, 9/21 1:30AM *Ahjumawi* #143 9/27 5PM *Kelso Depot* #144 9/27 5:30PM

Change Your Brain, Heal Your Mind with Daniel Amen, MD 9/5 8:30AM, 9/29 Mid

Charley Pride: American Masters #3007 9/20 10PM

Christopher Kimball's Milk Street Television *Baking In Paris* #304 9/2 7:30PM, 9/3 1:30AM *The Secrets of S Tir-Fry* #305 9/9 7:30PM, 9/10 1:30AM *Chicken Around The World* #306 9/16 7:30PM, 9/17 1:30AM *Greece Every Day* #307 9/23 7:30PM *Milk Street Italian Classics* #308 9/30 7:30PM

Civilizations *What Is Art (Good for)?* #109 9/1 3PM

Classical Stretch: By Essentrics *Quad Flexibility* #1230 9/1 5:30AM #1301 9/2 5:30AM #1302 9/3 5:30AM #1303 9/4 5:30AM #1304 9/7 5:30AM *Plantar Fasciitis Release* #1201 9/7 7:30AM, 9/28 5:30AM #1305 9/8 5:30AM *Hip Pain Relief and Stretch* #1202 9/8 7:30AM, 9/29 5:30AM #1306 9/9 5:30AM *Quad Strengthening* #1203 9/9 7:30AM, 9/30 5:30AM #1307 9/10 5:30AM *Weight Loss and Calorie Burn* #1204 9/10 7:30AM #1308 9/11 5:30AM *Back Pain Relief* #1205 9/11 7:30AM #1309 9/14 5:30AM *Full Body Strengthening* #1206 9/14 7:30AM #1310 9/15 5:30AM *Posture* #1207 9/15 7:30AM #1311 9/16 5:30AM *Long Adductor* #1208 9/16 7:30AM #1312 9/17 5:30AM *Back Pain Relief* #1209 9/17 7:30AM #1313 9/18 5:30AM *Endurance and Power* #1210 9/18 7:30AM #1314 9/21 5:30AM *Arthritis Workout* #1211 9/21 7:30AM #1315 9/22 5:30AM *Hamstring Flexibility* #1212 9/22 7:30AM #1316 9/23 5:30AM *Toning The Waist* #1213 9/23 7:30AM #1317 9/24 5:30AM *Spine Strengthening* #1214 9/24 7:30AM #1318 9/25 5:30AM *Shoulder Pain Relief* #1215 9/25 7:30AM *Relieve Neck Pain* #1216 9/28 7:30AM *Full Body Toning* #1217 9/29 7:30AM *Psoas & Hip Strengthening* #1218 9/30 7:30AM

Classic Woodworking *Shaker Hall Table* #101 9/7 8AM, 9/24 8AM *The Hanging Cabinet* #102 9/8 8AM, 9/25 8AM *Round Side Table* #103 9/9 8AM, 9/28 8AM *Adirondack Chair* #104 9/10 8AM, 9/29 8AM *Wenge Tea Box* #105 9/11 8AM, 9/30 8AM *Live Edge Coffee Table* #106 9/14 8AM *Shaker Blanket Chest* #107 9/15 8AM *Shaker Box* #108 9/16 8AM *Craftsman Style Dining Chair* #109 9/17 8AM *End Table with David Lamb* #110 9/18 8AM *Tilt Top Table* #111 9/21 8AM *Table Lamp* #112 9/22 8AM *Hanging Tool Cabinet* #113 9/23 8AM

Clinton: American Experience Part Two #102 9/13 10PM

Cook's Country *Bbq Brisket and Fritters* #1201 9/7 5:30PM, 9/24 5:30PM *Italian Comfort Food Classics* #1202 9/8 5:30PM, 9/25 5:30PM *Tacos Two Ways* #1203 9/9 5:30PM, 9/28 5:30PM *Beef, Dressed Up* #1204 9/10 5:30PM, 9/29 5:30PM *Regional Italian American Favorites* #1205 9/11 5:30PM, 9/30 5:30PM *Aloha State Favorites* #1206 9/14 5:30PM *Chicken and Cornbread* #1207 9/15 5:30PM *The Perfect Cake* #1208 9/16 5:30PM *Roast Beef and Potatoes* #1209 9/17 5:30PM *Pork and Pie* #1210 9/18 5:30PM *Holiday Feast* #1211 9/21 5:30PM *A Trip to the Big Easy* #1212 9/22 5:30PM *Comfort Food Done Right* #1213 9/23 5:30PM



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Country Music *The Sons and Daughters of America (1964 -1968)* #105 9/13 8PM *Will The Circle Be Unbroken? (1968 -1972)* #106 9/20 8PM *Are You Sure Hank Done It This Way? (1973 -1983)* #107 9/27 8PM

Curious Traveler *Curious Ghent* #409 9/3 6PM, 9/4 Mid *Curious Sussex* #410 9/10 6PM, 9/11 Mid *Curious Dublin* #301 9/17 6PM, 9/18 Mid *Curious Vienna* #302 9/24 6PM

Cyberchase *Castleblanca* #102 9/1 7AM *R-Fair City* #103 9/2 7AM *Snow Day to Be Exact* #104 9/3 7AM
Sensible Flats #105 9/4 7AM

Death In Paradise *The Impossible Murder* #143 9/3 9PM, 9/4 3AM *Stumped In Murder* #144 9/10 9PM, 9/11 3AM
Man Overboard - Part 1 #145 9/17 9PM, 9/18 3AM #146 9/24 9PM

Deepak Chopra: Becoming Metahuman 9/5 7AM, 9/22 1:30AM, 9/28 12:30AM

Doctor Blake Mysteries *Sorrow Songs* #138 9/3 8PM, 9/4 2AM *The Call of the Void* #139 9/10 8PM, 9/11 2AM
All She Leaves Behind #140 9/17 8PM, 9/18 2AM *Measure Twice* #141 9/24 8PM

Dr. Fuhrman's Food As Medicine 9/6 6AM, 9/30 2AM

DW Focus On Europe #3837 9/13 7:30AM #3838 9/20 7:30AM #3839 9/27 7:30AM

Engelbert Humperdinck: The King of Romance (My Music) 9/5 5PM

Family Pictures USA *North Carolina* #101 9/15 8PM, 9/16 2AM *Detroit* #102 9/22 8PM *Southwest Florida* #103 9/29 8PM

Farmer Florist: ViewFinder #2703 9/3 7:30PM, 9/4 1:30AM, 9/4 9PM, 9/7 3AM

Finding Your Roots *Immigrant Nation* #405 9/1 9PM, 9/2 3AM, 9/7 4AM *Black Like Me* #406 9/8 9PM, 9/9 3AM, 9/12 7PM, 9/13 1AM, 9/14 4AM *Children of the Revolution* #407 9/15 9PM, 9/16 3AM, 9/19 7PM, 9/20 1AM, 9/21 4AM *Relatives We Never Knew We Had* #408 9/22 9PM, 9/26 7PM, 9/28 4AM *Southern Roots* #409 9/29 9PM

Firing Line with Margaret Hoover #410 9/4 8PM, 9/7 2AM #411 9/11 8PM, 9/12 2AM, 9/12 3:30PM, 9/13 8:30AM #412 9/18 8PM, 9/19 2AM, 9/19 3:30PM, 9/20 8:30AM #413 9/25 8PM, 9/26 3:30PM, 9/27 8:30AM

Fit 2 Stitch *The Base Concept* #701 9/7 10AM *The T-Shirt for Everyone* #702 9/8 10AM, 9/12 10AM *Image Consultant and Closet Organization* #703 9/9 10AM *The Blouse* #704 9/10 10AM *The Jean Jacket* #705 9/11 10AM *Seam Finishes* #706 9/14 10AM *The Jacket* #707 9/15 10AM, 9/19 10AM *Sewing, Lining, and Fusing The Jacket* #708 9/16 10AM *Accessories* #709 9/17 10AM *The Pant* #710 9/18 10AM *The Jean* #711 9/21 10AM *Skirts and Knit Cardigan* #712 9/22 10AM, 9/26 10AM *The Coat/Dress* #713 9/23 10AM #801 9/24 10AM #802 9/25 10AM #803 9/28 10AM #804 9/29 10AM #805 9/30 10AM

Garth Brooks: The Library of Congress Gershwin Prize for Popular Song 9/27 10:30PM

Great Conversations *Congressman John Lewis and Rachel Maddow* #503 9/26 11PM

Growing A Greener World #1011 9/13 Noon #1012 9/20 Noon #1013 9/27 Noon

Hacking Your Mind *Living On Auto-Pilot* #101 9/12 8AM, 9/14 9PM, 9/15 3AM *Weapons of Influence* #102 9/19 8AM, 9/21 9PM *Us Vs. Them* #103 9/26 8AM, 9/28 9PM

Healthy Brain - Happy Life with Dr. Suzuki 9/28 2AM

Hero Elementary *Fair Weather / Home Sweet Home* #110 9/1 11:30AM *Kite Delight / Little Lost Horse* #123 9/2 11:30AM *Saved from the Bell/The Right Stuff* #104 9/3 11:30AM *The Feed for Speed / An Uphill Task* #111 9/4 11:30AM

Himalaya Connection 9/7 9PM, 9/8 3AM

History Detectives *Lauste Film Clip/Baker's Gold/Transatlantic Cable* #803 9/1 12PM *Andrew Jackson's Mouth/Barton Letter/Spybook* #804 9/2 2PM *Cromwell Dixon, Bartlett Sketchbook, & Duke Ellington Plates* #805 9/3 2PM *Korean War Letter, Diana, Lookout Mt. Painting* #806 9/4 2PM #1001 9/13 5AM #1002 9/20 5AM #1003 9/27 5AM

History with David Rubenstein *Cokie Roberts* #101 9/12 4:30PM *Michael Beschloss* #102 9/19 4:30PM *Doris Kearns Goodwin* #103 9/26 4:30PM

How to Be A Breadhead *A Beginner's Guide to Baking* 9/24 2:30AM

I'll Have It My Way with Hattie Bryant 9/22 Mid

Incredible Aging: Adding Life to Your Years 9/26 Mid

Independent Lens *Won't You Be My Neighbor?* #2201 9/5 8PM

Influenza 1918: American Experience #1005 9/3 3PM

In Julia's Kitchen with Master Chefs *Jasper White* #102 9/12 11AM



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Inside California Education *The Road to Recovery* #306 9/3 7PM, 9/4 1AM *Old Clothes, New Hope* #307 9/10 7PM, 9/11 1AM, 9/13 9AM *Diving Into Marine Science* #308 9/17 7PM, 9/18 1AM, 9/20 9AM *Inside California Education: Learning at Home* #309 9/24 7PM, 9/27 9AM

In The Americas with David Yetman *Day of the Dead: A Mexican Celebration* #101 9/7 2PM *In The Mouth of the Amazon* #102 9/8 2PM, 9/12 2PM *The Pride of Guatemala: Tikal of the Mayas* #103 9/9 2PM *The Working Coast of British Columbia* #104 9/10 2PM *Brazil: The Diamond Range* #105 9/11 2PM *Peru: A Train to the Clouds* #106 9/14 2PM *Hawaii's Big Island: The Volcanos' Gifts* #107 9/15 2PM, 9/19 2PM *Chiloe and Chilotes: Proud Islanders of Chile* #108 9/16 2PM *The Cry for Mexican Independence* #109 9/17 2PM *Peru: People of the Altiplano* #110 9/18 2PM *Tultepec: Mexico's Skyrocket Central* #201 9/21 2PM *In The Shadow of the Volcanoes: Chile's Melting Pot* #202 9/22 2PM, 9/26 2PM *The Rainforest Nisei: Japanese Immigrants in the Amazon* #203 9/23 2PM *Two Millennia of Mayas: Guatemala's Cultural Legacy* #204 9/24 2PM *Ice, Rock, and Water: The Sierra Nevada* #205 9/25 2PM *Fiesta in the Yucatan: Maya Traditions* #206 9/28 2PM *Panama: A City and a Canal* #207 9/29 2PM *Bahia: Brazil's African Connection* #208 9/30 2PM

It's Sew Easy *Upcycle Your Closet* #1401 9/7 10:30AM *Alter What You Own* #1402 9/8 10:30AM, 9/12 10:30AM *New Looks* #1403 9/9 10:30AM *Changing Trends* #1404 9/10 10:30AM *Quick Change Artist* #1405 9/11 10:30AM *Transformations* #1406 9/14 10:30AM *Interchangeable Looks* #1407 9/15 10:30AM, 9/19 10:30AM *Convertible Clothes* #1408 9/16 10:30AM *Accessorize Up Or Down* #1409 9/17 10:30AM *Fashion Versatility* #1410 9/18 10:30AM *Jazz Up Ready-To-Wear* #1411 9/21 10:30AM *Home Dec Makeover* #1412 9/22 10:30AM, 9/26 10:30AM *Add Or Subtract* #1413 9/23 10:30AM *Be Your Own Designer* #1501 9/24 10:30AM *Sewing to the Rescue* #1502 9/25 10:30AM *Heroes Come In All Shapes and Sizes* #1503 9/28 10:30AM *What's A Super Hero Without A Cape?* #1504 9/29 10:30AM *Machine Wizardry* #1505 9/30 10:30AM

Joanne Weir's Plates and Places *Flavors of the Rhine* #201 9/7 12:30PM *Tagines* #202 9/8 12:30PM, 9/12 12:30PM *Beef and Cabernet* #203 9/9 12:30PM *The Flavors of Venice* #204 9/10 12:30PM *Caviar* #205 9/11 12:30PM *Moroccan Spice* #206 9/14 12:30PM *The Seafood of Greece* #207 9/15 12:30PM, 9/19 12:30PM *Pickling Amsterdam Style* #208 9/16 12:30PM *The Wonders of Warka* #209 9/17 12:30PM *Chocolate* #210 9/18 12:30PM *Moroccan Flatbread* #211 9/21 12:30PM *Greek Classics* #212 9/22 12:30PM, 9/26 12:30PM *Mustard* #213 9/23 12:30PM *Let Them Eat Cake* #301 9/24 12:30PM *Spit-Roasted Lamb* #302 9/25 12:30PM *Salty Salzburg* #303 9/28 12:30PM *Rise and Shine* #304 9/29 12:30PM *The Secret Ingredients of Greece* #305 9/30 12:30PM

John Denver: Country Boy 9/5 6:30PM, 9/6 4PM

Johnny Cash --- A Concert Behind Prison Walls 9/5 10:30PM, 9/22 3AM, 9/24 1:30AM

J Schwanke's Life In Bloom *Life In Bloom* #101 9/7 9:30AM *Protea: Long-Term Beauty* #102 9/8 9:30AM, 9/12 9:30AM *The Romance of Flowers* #103 9/9 9:30AM *Carnations, Family & Flowers* #104 9/10 9:30AM *Succulents: The Not Quite Flowers* #105 9/11 9:30AM *Tulips: Year-Round Spring* #106 9/14 9:30AM *Out on a Limb with Fruit and Flowers* #107 9/15 9:30AM, 9/19 9:30AM *Flower Power* #108 9/16 9:30AM *All Foliage: Living Green* #109 9/17 9:30AM *A Flower Arranger's Best Friend* #110 9/18 9:30AM *The Art of Flowers* #111 9/21 9:30AM *Terrariums: Life Under Glass* #112 9/22 9:30AM, 9/26 9:30AM *Demystifying Orchids* #113 9/23 9:30AM *Arrangements from the Garden* #201 9/24 9:30AM *From Farm to Plate & Vase* #202 9/25 9:30AM *Beauty from the Flower Farm* #203 9/28 9:30AM *The Gift of the Forest* #204 9/29 9:30AM *Traditional Japanese Flower Arts* #205 9/30 9:30AM

Julia Child - Cooking with Master Chefs *Nancy Silverton* #114 9/2 6PM, 9/3 Mid, 9/24 11AM *Emeril Lagasse* #101 9/7 11AM, 9/23 6PM *Michel Richard* #102 9/8 11AM, 9/30 6PM *Patrick Clark* #103 9/9 11AM *Jacques Pepin* #115 9/9 6PM, 9/10 Mid, 9/25 11AM *Lidia Bastianich* #104 9/10 11AM *Charles Palmer* #105 9/11 11AM *Amy Ferguson-Ota* #106 9/14 11AM *Robert Del Grande* #107 9/15 11AM, 9/19 11AM *Jean-Louis Palladin* #108 9/16 11AM *Alice Waters* #116 9/16 6PM, 9/17 Mid, 9/28 11AM *Susan Feniger and Mary Sue Milliken* #109 9/17 11AM *Jacques Pepin and Julia Child* #110 9/18 11AM *Jeremiah Tower* #111 9/21 11AM *Jan Birnbaum and Lidia Bastianich* #112 9/22 11AM, 9/26 11AM *Andre Soltner* #113 9/23 11AM

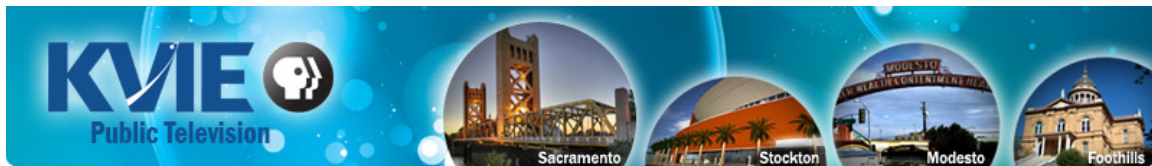
Ken Burns: The National Parks 9/6 8:30PM

Keto Diet with Dr Josh Axe 9/5 5:30AM, 9/6 10:30PM

Kitchen Queens: New Orleans #102 9/13 10:30AM #103 9/20 10:30AM #104 9/27 10:30AM

Koko - The Gorilla Who Talks 9/4 1PM, 9/7 7PM, 9/8 1AM

Latino Americans *Foreigners In Their Own Land* #101 9/12 5PM, 9/12 11PM *Empire of Dreams* #102 9/12 6PM,



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9/13 Mid *War and Peace* #103 9/19 5PM, 9/19 11PM *The New Latinos* #104 9/19 6PM, 9/20 Mid *Pride and Prejudice* #105 9/26 5PM *Peril and Promise* #106 9/26 6PM
Let's Go Luna! *Queen for a Day/Jolly Special Friend* #110 9/1 8AM *Stairway to Art Day/Melvini Madness* #125 9/2 8AM *Where's Luna?/Pulling Strings* #112 9/3 8AM *Didgeridoo and Carmen Too/Not Home on the Range* #113 9/4 8AM
Let's Talk Menopause 9/6 5AM
Longevity Paradox with Steven Gundry, MD 9/5 1:30PM, 9/5 11:30PM, 9/26 1:30AM
Lucy Worsley's Royal Photo Album 9/4 3PM
Madagascar: Islands of Wonder #101 9/19 6AM, 9/21 7PM
Maya Angelou: American Masters #3002 9/6 1AM, 9/6 1:30PM
Molly of Denali *Grandpa's Drum/Have Canoe, Will Paddle* #101 9/1 9AM *Cabbagezilla/Name Game* #103 9/2 9AM *Picking Cloudberries/Puzzled* #127 9/3 9AM *Berry Itchy Day/Herring Eggs Or Bust* #102 9/4 9AM
My Greek Table with Diane Kochilas *The World's Most Famous Olive* #101 9/7 11:30AM *Flavors of Longevity - Ikaria* #102 9/8 11:30AM, 9/12 11:30AM *Ancient Grains for Modern Cooks* #103 9/9 11:30AM *Olive Oil Everything* #104 9/10 11:30AM *Meze Society* #105 9/11 11:30AM *A Bite of Greek Red Wine* #106 9/14 11:30AM *The Lesvos Spirit* #107 9/15 11:30AM, 9/19 11:30AM *Greek Mountain Cheeses* #108 9/16 11:30AM *Santorini: Flavors of a Volcano* #109 9/17 11:30AM *Life of Pie* #110 9/18 11:30AM *Crete: Mother of the Mediterranean* #111 9/21 11:30AM *The Centaur's Kitchen: Preserving Nature's Bounty* #112 9/22 11:30AM, 9/26 11:30AM *Athens Rising* #113 9/23 11:30AM *Aegean Cuisine* #201 9/24 11:30AM *You Say Tomato, I Say Domata* #202 9/25 11:30AM *Beans for Humanity* #203 9/28 11:30AM *Ancient Greece for Modern Cooks* #204 9/29 11:30AM *Greek Yogurt for Breakfast, Lunch and Dinner* #205 9/30 11:30AM
Nature *Naledi: One Little Elephant* #3501 9/6 Noon *Snow Bears* #3606 9/6 5:30PM
Nature Cat *Slime Time/Rock Stars* #121 9/1 9:30AM *Ice Is Nice/Bird's Eye View* #124 9/2 9:30AM *Freezin' in the Summer Season/Total Eclipse of the Sun* #302 9/3 9:30AM *Playground-Palooza/Small But Big* #120 9/4 9:30AM
Neven's Spanish Food Trails *Bilbao* #101 9/1 6:30PM, 9/2 12:30AM *Wine Country* #102 9/8 6:30PM, 9/9 12:30AM *Pinchos* #103 9/15 6:30PM, 9/16 12:30AM *Rioja* #104 9/22 6:30PM *San Sebastian* #105 9/29 6:30PM
Newcastle, Gem of the Foothills Viewfinder #2704 9/10 7:30PM, 9/11 1:30AM, 9/11 9PM, 9/12 3AM, 9/13 9:30AM, 9/13 3:30PM
NHK Newline #11111 9/1 11:30PM #11112 9/2 11:30PM #11113 9/3 11:30PM #11114 9/4 11:30PM #11115 9/7 11:30PM #11116 9/8 11:30PM #11117 9/9 11:30PM #11118 9/10 11:30PM #11119 9/11 11:30PM #11120 9/14 11:30PM #11121 9/15 11:30PM #11122 9/16 11:30PM #11123 9/17 11:30PM #11124 9/18 11:30PM #11125 9/21 11:30PM #11126 9/22 11:30PM #11127 9/23 11:30PM #11128 9/24 11:30PM #11129 9/25 11:30PM #11130 9/28 11:30PM #11131 9/29 11:30PM #11132 9/30 11:30PM
NOVA *Polar Extremes* #4701 9/1 2AM *Rise of the Superstorms* #4508 9/1 Noon *Killer Floods* #4418 9/2 Noon *Deadliest Tornadoes* #3910 9/3 Noon *Meteor Strike* #4013 9/4 Noon, 9/7 8PM, 9/8 2AM *Human Nature* #4711 9/12 6AM, 9/14 7PM, 9/15 1AM *Secret Mind of Slime* #4712 9/19 7AM, 9/21 8PM *A to Z: The First Alphabet* #4713 9/26 7AM, 9/28 8PM
Odd Squad *Back to the Past/Odd Squad Needs You* #202 9/1 6:30AM *Oscar and the Oscarbots/Picture Day* #107 9/2 6:30AM *Mid-Day in the Garden of Good and Odd/Failure to Lunch* #203 9/3 6:30AM *Blob on the Job/Party of 5,4,3,2,1* #106 9/4 6:30AM
Operation Maneater *Crocodile* #103 9/3 1PM
P. Allen Smith's Garden Home *Homesteaders USA* #1501 9/7 9AM *Charming Charleston* #1502 9/8 9AM, 9/12 9AM *Oils All Around* #1503 9/9 9AM *When Kids Takeover* #1504 9/10 9AM *Upcycle Your Life* #1505 9/11 9AM *It's Tulip Time* #1506 9/14 9AM *Super-Duper* #1507 9/15 9AM, 9/19 9AM *The Best of Garden Home: Cooking* #1508 9/16 9AM *Crystal Bridges, American Dreams* #1509 9/17 9AM *All About The Bugs* #1510 9/18 9AM *Pura Vida, Costa Rica* #1511 9/21 9AM *Mighty Micros* #1512 9/22 9AM, 9/26 9AM *Road Trip* #1513 9/23 9AM *Unique Eureka* #1514 9/24 9AM *The Best of Garden Home: Gardening* #1515 9/25 9AM *Embrace Your Space* #1601 9/28 9AM *Thank You for Sharing* #1602 9/29 9AM *Healthy for Generations* #1603 9/30 9AM
Pati's Mexican Table *A Local's Tour of Culiacan* #801 9/7 Noon, 9/24 Noon *Altata, Hidden Gem by the Sea of Cortez* #802 9/8 Noon, 9/12 Noon, 9/25 Noon *South By South of the Border with Vivian Howard* #803 9/9 Noon, 9/28 Noon *Los Mochis, Street Taco Favorites* #804 9/10 Noon, 9/29 Noon *A Taste of Mazatlan* #805 9/11



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Noon, 9/30 Noon *El Fuerte, Magic Town* #806 9/13 10AM, 9/14 Noon *Jinetes, Adventure in the Mountains* #807 9/15 Noon, 9/19 Noon, 9/20 10AM *El Chepe, Railway to the Past* #808 9/16 Noon, 9/27 10AM *Mocorito, The Land of Chilorio* #809 9/17 Noon *Surfside Eats* #810 9/18 Noon *A Day In Sinaloa's Countryside* #811 9/21 Noon *Home Cooking Sinaloa Style* #812 9/22 Noon, 9/26 Noon *How Do You Say Tucson?* #813 9/23 Noon

PBS NewsHour #13045 9/1 10PM #13046 9/2 10PM #13047 9/3 10PM #13048 9/4 10PM #13049 9/7 3PM, 9/7 10PM #13050 9/8 3PM, 9/8 10PM #13051 9/9 3PM, 9/9 10PM #13052 9/10 3PM, 9/10 10PM #13053 9/11 3PM, 9/11 10PM #13054 9/14 3PM, 9/14 10PM #13055 9/15 3PM, 9/15 10PM #13056 9/16 3PM, 9/16 10PM #13057 9/17 3PM, 9/17 10PM #13058 9/18 3PM, 9/18 10PM #13059 9/21 3PM, 9/21 10PM #13060 9/22 3PM, 9/22 10PM #13061 9/23 3PM, 9/23 10PM #13062 9/24 3PM, 9/24 10PM #13063 9/25 3PM, 9/25 10PM #13064 9/28 3PM, 9/28 10PM #13065 9/29 3PM, 9/29 10PM #13066 9/30 3PM, 9/30 10PM

PBS NewsHour Weekend #1421 9/12 3PM #1423 9/19 3PM #1425 9/26 3PM

Peg + Cat *The Poetry Problem/The Disappearing Art Problem* #211 9/1 6AM *The Pirate Problem/The Sleepover Problem* #103 9/2 6AM *The Dinosaur Problem/The Beethoven Problem* #108 9/3 6AM *The Peanut Problem/More Adventures of Robin Hood* #214 9/4 6AM

POV *Whose Streets?* #3108 9/12 8PM, 9/13 2AM *We Are The Radical Monarchs* #3303 9/12 9:30PM, 9/13 3:30AM

Pov Shorts *Positive Images* #103 9/2 9:30PM, 9/3 3:30AM

Prince Among Slaves 9/2 3PM

Ready Jet Go! *Solar System Bake-Off/Kid-Kart Derby* #116 9/1 10:30AM *Which Moon Is Best?/Detective Mindy* #124 9/2 10:30AM *You Can Call Me Albedo/The Tide Is Hig* #217 9/3 10:30AM *Asteroids, Meteors, and Meteorites/Mindy's Meteorite Stand* #117 9/4 10:30AM

Retire Safe & Secure with Ed Slott #2020 9/29 2AM

Retro Report On PBS *Episode One* #101 9/19 10PM, 9/20 4AM *Episode Two* #102 9/26 10PM, 9/27 4AM

Rick Steves' Europe *Western Turkey* #801 9/7 2:30PM *Central Turkey* #802 9/8 2:30PM, 9/12 2:30PM *France's Loire: Chateau Country* #803 9/9 2:30PM *Paris Side-Trips* #804 9/10 2:30PM *The Best of Israel* #805 9/11 2:30PM *Palestine* #806 9/14 2:30PM *Italy's Riviera: Cinque Terre* #807 9/15 2:30PM, 9/19 2:30PM *Italy's Veneto: Verona, Padua, and Ravenna* #808 9/16 2:30PM *Amsterdam* #809 9/17 2:30PM *The Netherlands Beyond Amsterdam* #810 9/18 2:30PM *Prague* #811 9/21 2:30PM *Berlin* #812 9/22 2:30PM, 9/26 2:30PM *Germany's Hamburg and the Luther Trail* #901 9/23 2:30PM *Germany's Dresden and Leipzig* #902 9/24 2:30PM *Germany's Frankfurt and Nurnberg* #903 9/25 2:30PM *Bulgaria* #904 9/28 2:30PM *Romania* #905 9/29 2:30PM *Assisi and Italian Country Charm* #906 9/30 2:30PM

Rick Steves' Heart of Italy 9/26 3AM

Rick Steves' Tasty Europe 9/23 3:30AM

Riverdance 25th Anniversary Show 9/5 Mid

Road Trip *Tucson* #138 9/13 4PM, 9/14 Mid *Chico* #139 9/20 4PM, 9/21 Mid *City of Orange* #140 9/27 4PM

Rob on the Road *Region Rising - Front Street Animal Shelter* #1004 9/4 9:30PM, 9/7 3:30AM *Behind The Scenes at Antiques Roadshow Crocker Art* #909 9/11 9:30PM, 9/12 3:30AM #1005 9/18 9:30PM, 9/19 3:30AM #1006 9/25 9:30PM

Samantha Brown's Places to Love *Auckland, New Zealand* #311 9/3 6:30PM, 9/4 12:30AM *Houston, Texas* #101 9/7 1:30PM *Bern Region, Switzerland* #102 9/8 1:30PM, 9/12 1:30PM *Brooklyn, New York* #103 9/9 1:30PM *Shanghai, China* #104 9/10 1:30PM *The Coastline of Maine* #312 9/10 6:30PM, 9/11 12:30AM *Huntsville, Alabama* #105 9/11 1:30PM *Vancouver, Canada* #106 9/14 1:30PM *Hill Country, Texas* #107 9/15 1:30PM, 9/19 1:30PM *Big Sur and Monterey, California* #108 9/16 1:30PM *Xi'an, China* #109 9/17 1:30PM *Miami, Florida* #313 9/17 6:30PM, 9/18 12:30AM *Ireland's Northwest Coast* #110 9/18 1:30PM *Orange County, California* #111 9/21 1:30PM *Montreal, Canada* #112 9/22 1:30PM, 9/26 1:30PM *Oregon Rv Trip* #113 9/23 1:30PM *Hong Kong, China* #201 9/24 1:30PM, 9/24 6:30PM *Greater Palm Springs, Ca* #202 9/25 1:30PM *Lake Geneva and the Valais, Switzerland* #203 9/28 1:30PM *Santa Fe, Nm* #204 9/29 1:30PM *Seoul, South Korea* #205 9/30 1:30PM

SciGirls *Gallinas De Ciudad | City Chicken* #402 9/1 11AM *Escuadron Espacial | Space Squad* #403 9/2 11AM *Atletas Maravillosos | Awesome Athletes* #404 9/3 11AM *Mejorando Procesos | Process Power* #405 9/4 11AM

Simply Ming *Ming Tsai with Guest Amanda Freitag* #1711 9/13 11AM *Ming Tsai with Guest Andrew Zimmern* #1701 9/15 7PM, 9/16 1AM *Ming Tsai with Guest Ken Oringer* #1712 9/20 11AM *Ming Tsai with Guest Jacques Pepin*



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#1702 9/22 7PM *Ming Tsai with Guest Michael Schlow* #1713 9/27 11AM *Ming Tsai with Guest Kristen Kish* #1703 9/29 7PM

Sit and Be Fit Full Body Workout #1607 9/1 5AM *Brain and Balance* #1608 9/2 5AM *Upbeat and Fun* #1609 9/3 5AM *Be Happy* #1610 9/4 5AM *Heel to Toe Functional Fitness* #1701 9/7 5AM #1001 9/7 6:30AM *Body Alignment and Core Strengthening* #1702 9/8 5AM #1002 9/8 6:30AM *Wake Your Body with Exercise* #1703 9/9 5AM #1003 9/9 6:30AM *Exercise Interventions for Functional Fitness* #1704 9/10 5AM #1004 9/10 6:30AM *Pamper Your Feet* #1705 9/11 5AM #1005 9/11 6:30AM *Lymphatic Health Special* #1706 9/14 5AM #1006 9/14 6:30AM *Tai Chi with Tino* #1707 9/15 5AM #1007 9/15 6:30AM *Brain and Balance* #1708 9/16 5AM #1008 9/16 6:30AM *Tone and Stretch* #1709 9/17 5AM #1009 9/17 6:30AM *Balance Your Body* #1710 9/18 5AM #1010 9/18 6:30AM *Muscle Isolations* #1801 9/21 5AM #1011 9/21 6:30AM *Grow Strong Effortlessly* #1802 9/22 5AM #1012 9/22 6:30AM *Head to Toe - Tone, Stretch & Strengthen* #1803 9/23 5AM #1013 9/23 6:30AM *Pulse, Press, Pull-Up* #1804 9/24 5AM #1014 9/24 6:30AM *Warm Up, Circulate, Strengthen & Stretch* #1805 9/25 5AM #1015 9/25 6:30AM *Functional Feel-Good Exercises* #1806 9/28 5AM #1016 9/28 6:30AM *Breathing, Posture and Balance* #1807 9/29 5AM #1017 9/29 6:30AM *Exercise Potpourri* #1808 9/30 5AM #1018 9/30 6:30AM

Somewhere South Dumpling Dilemma #103 9/1 Mid *What A Pickle* #104 9/7 6PM, 9/8 Mid *It's A Greens Thing* #105 9/14 6PM, 9/15 Mid *How Do You Cue?* #106 9/21 6PM

Story Songs (My Music) 9/6 7PM

Studio Sacramento #1008 9/4 8:30PM, 9/7 2:30AM *Racism In Native American Names & Mascots* #1003 9/11 8:30PM, 9/12 2:30AM, 9/13 8AM #1009 9/18 8:30PM, 9/19 2:30AM, 9/20 8AM #1010 9/25 8:30PM, 9/27 8AM

Sunday Stories #110 9/13 6PM, 9/14 2AM #111 9/20 6PM, 9/21 2AM #112 9/27 6PM

Supernature - Wild Flyers Masters of the Sky #102 9/1 1PM *Crowded Skies* #103 9/2 1PM

Surviving The Dust Bowl: American Experience Surviving The Dust Bowl #1008 9/3 4PM

Suze Orman's Ultimate Retirement Guide 9/5 3PM, 9/6 8AM, 9/27 Mid

Taste of Malaysia with Martin Yan The Royal Show (Martin Yan with Her Majesty the Queen of Malaysia) #112 9/1 7PM, 9/2 1AM *Below The Wind* #113 9/8 7PM, 9/9 1AM *Eight Million Cups of Tea* #105 9/13 11:30AM *Penang Heritage* #106 9/20 11:30AM *Langkawi* #107 9/27 11:30AM

The Avett Brothers at Red Rocks 9/5 2AM

The Great British Baking Show Cake #101 9/7 4PM *Biscuits* #102 9/8 4PM *Bread* #103 9/9 4PM *Desserts* #104 9/10 4PM *Pies & Tarts* #105 9/11 4PM *Continental Cakes* #106 9/14 4PM *Pastries* #107 9/15 4PM *Advanced Dough* #108 9/16 4PM *Patisserie* #109 9/17 4PM *The Final* #110 9/18 4PM *Cakes* #201 9/21 4PM *Bread* #202 9/22 4PM *Desserts* #203 9/23 4PM *Pies and Tarts* #204 9/24 4PM *Biscuits and Traybakes* #205 9/25 4PM *Sweet Dough* #206 9/28 4PM *Pastry* #207 9/29 4PM *Quarter Final* #208 9/30 4PM

The Inn at Little Washington: A Delicious Documentary 9/28 6PM

The Lawrence Welk Show Occupations #1702 9/4 6PM, 9/7 Mid *School Days* #1703 9/11 6PM, 9/12 Mid *Big City, U.S.A* #1704 9/18 6PM, 9/19 Mid *Fashions and Hits Through The Years* #1705 9/25 6PM

The Not-Dying Girl: ViewFinder #2509 9/24 7:30PM, 9/25 9PM, 9/27 9:30AM, 9/27 3:30PM

The Power of Radical Kindness with Angela Santomero 9/30 Mid

The Roosevelts: An Intimate History A Strong and Active Faith (1944-1962) #107 9/4 4PM

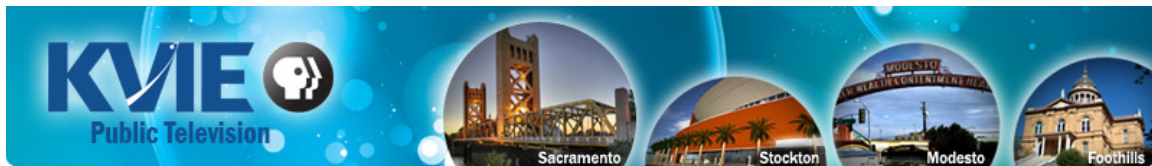
This Old House Westerly | Save The Flagpole #3911 9/13 2:30PM *Westerly | Seaside Transformation* #3912 9/20 2:30PM *Cape Ann | Move In Day* #3926 9/27 2:30PM

Two for the Road Costa Rica and Panama: Into The Canal #307 9/1 7:30PM, 9/2 1:30AM *One Crazy Day In Hanoi* #308 9/8 7:30PM, 9/9 1:30AM *Adventure In Iceland* #309 9/15 7:30PM, 9/16 1:30AM *Galapagos* #310 9/22 7:30PM *Texas: Adventure In Austin and the Hill Country* #311 9/29 7:30PM

Ultimate Restorations The Midmer-Losh: The World's Largest Pipe Organ #105 9/13 1PM *Badger #2: The Last Remaining Fish Car* #106 9/20 1PM *The Illions Supreme Carousel: A Rare Masterpiece* #107 9/27 1PM

Vietnam War Things Fall Apart #106 9/2 8PM, 9/3 2AM *The Veneer of Civilization* #107 9/9 8PM, 9/10 2AM *The History of the World* #108 9/16 8PM, 9/17 2AM *A Disrespectful Loyalty* #109 9/23 8PM *The Weight of Memory* #110 9/30 8PM

We'll Meet Again Escape from Cuba #205 9/1 8PM, 9/2 2AM *The Fight for Women's Rights* #206 9/8 8PM, 9/9 2AM



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Wider World #2047 9/13 6AM #2048 9/20 6AM #2049 9/27 6AM
Wild Kratts *The Food Chain Game* #130 9/1 10AM *Parrot Power* #611 9/2 10AM *Seasquatch* #129 9/3 10AM
Parrot Power #612 9/4 10AM
Woodsmith Shop *Cutting Board* #1308 9/13 3PM *Step-Back Bookcase* #1309 9/20 3PM *Shop-Made Clamps*
 #1310 9/27 3PM
Working Lands: Small Farms: ViewFinder #2403 9/17 7:30PM, 9/18 1:30AM, 9/18 9PM, 9/19 3AM, 9/20
 9:30AM, 9/20 3:30PM
Xavier Riddle and the Secret Museum *I Am Catherine The Great/I Am Tomioka Tessai* #108 9/1 7:30AM *I Am
 Mark Twain/I Am Abigail Adams* #112 9/2 7:30AM *I Am Maya Angelou/I Am Frederick Douglass* #119 9/3 7:30AM
I Am Louis Pasteur/I Am Rachel Carson #120 9/4 7:30AM
Yoga In Practice *Breathing Into Awareness* #101 9/7 6AM, 9/24 6AM *Our Breath Is Our Conversation with the
 World* #201 9/7 7AM, 9/24 7AM *Stand In Your Light* #102 9/8 6AM, 9/25 6AM *Your Practice Is A Journey* #202
 9/8 7AM, 9/25 7AM *Cultivating Confidence* #103 9/9 6AM, 9/28 6AM *Nature and the Cycle of Creation* #203
 9/9 7AM, 9/28 7AM *Fearlessly Open Your Heart* #104 9/10 6AM, 9/29 6AM *Find Balance to Find Peace* #204
 9/10 7AM, 9/29 7AM *Steadiness and Freedom* #105 9/11 6AM, 9/30 6AM *Finding Your Center* #205 9/11 7AM,
 9/30 7AM *Learning to Do Just Enough* #106 9/14 6AM *Intention, Knowledge, and Action* #206 9/14 7AM
Shining Brightly #107 9/15 6AM *Transforming Fear Into Joy* #207 9/15 7AM *Being Steady in the Unknown* #108
 9/16 6AM *The Dance of Confidence* #208 9/16 7AM *Learning to Slow Down* #109 9/17 6AM *Cultivate Self-
 Respect* #209 9/17 7AM *Opening to Self-Love* #110 9/18 6AM *Allow Yourself to Soar* #210 9/18 7AM *The Art of
 Connection* #111 9/21 6AM *Become An Able Vessel* #211 9/21 7AM *Where You Look Matters* #112 9/22 6AM *The
 Inner Fire of Transformation* #212 9/22 7AM *Remembrance* #113 9/23 6AM *Honor Your Inner Beauty* #213 9/23
 7AM